

Professionalism in Nursing: The Way to Success in the Health Care Sector

Ananda Kudari^{1*}, Sumangala B.R.², B. Sumalatha³

Abstract

Clinical nursing is one of the biggest roles of a nurse. Taking care of the patient and family is one of the divine services. The provision of enhanced nursing care to mankind is one of the challenges facing the world. In this challenging and growing health care industry, the nurse must have adequate knowledge and skills. Professionalism plays an important role in providing care to patients and society as a whole. It is the ability of the nurse to deal with the minor and major ailments of the clients. To build up professionalism in the nursing field, it is necessary to cultivate a culture of honesty, confidentiality, confidence, bravery, unselfishness, skillfulness, knowledge, values, and a proper standard. This all includes professionalism. The nurses have a great sense of service to individuals and families. To reach the ultimate goal, the nurse should have the qualities and characteristics of professionalism.

Keywords: Attitude, clinical health, honesty, nurse, professionalism, skill

INTRODUCTION

Nursing is a service-oriented profession. Taking care of the patient is one of the paramount jobs of nurses. It is very important to demonstrate professionalism through the abilities of the nurses. Irrespective of their level in nursing, a fruitful nurse is one who displays compassion, sympathy, and obligation and who dedicates their profession to individual growth and professional expansion [1]. Professionalism covers the progress of nursing individuality and acceptance of the values of honesty, unselfishness, concern, bravery, self-effacement, encouragement, kindness, humanity, and social justice. Professional uniqueness creation requires the development of expressive intelligence to promote social good, engage in social justice, and validate moral conduct, moral courage, and confidence in decision construction and actions [2]. Nursing professionalism is an incessant process of socialisation that requires the nurse to give back to the occupation through the mentorship and progress of others [3].

*Author for Correspondence

Ananda Kudari
E-mail: anandakudari1979@gmail.com

¹Principal and Professor, Department of Medical Surgical Nursing, Shree Gavisiddheshwara College of Nursing, Koppal, Karnataka, India

²Professor, Department of Obstetrics and Gynaecological Nursing, Shree Gavisiddheshwara College of Nursing, Koppal, Karnataka, India

³Nursing Tutor, Department of Fundamentals of Nursing, Shree Gavisiddheshwara College of Nursing, Koppal, Karnataka, India

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DEFINITION

“Professionalism in nursing means providing top-quality care to patients while also upholding the values of accountability, respect, and integrity” [4].

The American Nurses Association defines “nursing as the protection, promotion, and optimisation of health and abilities; prevention of illness and injury; alleviation of suffering through the diagnosis and treatment of human responses; and advocacy in the care of individuals, families, communities, and populations” [5].

In its core, nursing professionalism is about signifying a firm pledge to the calling and the readiness to continuously distribute the highest quality care to clients.

When nurses display professional behaviours, clients accept improved care, team communication is upgraded, there is augmented responsibility among all experts, and the largely clinical setting is more optimistic [6].

WAYS TO VALIDATE PROFESSIONALISM IN NURSING FIELD

There are numerous ways that we can show we are dedicated to providing superiority, safety, and evidence-based service. You should work to uphold the six standards of conduct outlined below in order to best demonstrate professionalism in nursing [7].

Put Patients First

This is very important, not only to sustain patients' rights but also to maintain how patients will feel. Treat the patients with kindness, admiration, and compassion, and also listen to their specific concerns and likes. Be guaranteed to act in the best interests of patients at all times, and be ready to help as an advocate for clients when their health needs deviate from their family's prospects [8].

Effective Communication

Professionals in nursing should communicate clearly and efficiently at all times. When speaking with clients and their family members, use expressions that they can easily comprehend, and also be willing to take judicious steps to meet a person's language and communication needs. Interacting effectively also means keeping clear and precise patient registers, and practicing good interprofessional collaboration and handoff skills [9].

Collaboration with Other Mentors

Being employed as a nurse means acting as part of a team; it's paramount to have a cooperative attitude and be worth the influence of others. A nurse should be open to getting advice and positive criticism, and they should also feel relaxed offering their colleagues both admiration and productive feedback on their job. The distribution of knowledge and understandings among their peers makes for a more cultivated and operative team. Offering to mentor a colleague or a student can also excavate the links within a team and provide a professional development experience for all [10].

Positive Attitude Maintenance

As nurses, if we want to succeed, it is very important to preserve a positive attitude. Clients express their appreciation not only for outstanding care but also for the emotional support you provide. Nurses will face numerous challenges on their job, and they will not do everything flawlessly that no one else can do. But do not become considered down by undesirable self-talk, as this will take a toll on your mental and emotional health and your ability to best aid patients [11].

Maintain the Standard of Care in Nursing a Patient

The nurse must continuously provide evidence-based care to the patients by keeping their acquaintances and skills up-to-date. A nurse must help prevent medical faults by pattering into an extensive knowledge base and making sure that any care they provide or advice they offer is knowledgeable by doing research. A nurse can also expand their understanding of their domain area by joining a different nursing association or capitalizing on advanced nursing education.

Be Honest and Accountable

It is very important for nurses in the profession to uphold their uprightness by taking personal accountability and holding themselves responsible for any errors. Not only should nurses stay keenly engaged in the patient care process, but they also need to recognize their own limits and ask for help when they need it. When a nurse makes an error, find solutions for modifying it. Just for example, if

any nurse understands that they have come across an error on a patient record, it is very important that they tell the required personnel and have it corrected [12].

HOW TO CULTIVATE PROFESSIONALISM IN NURSING?

If anyone wants to become a model nurse, they must engage in both personal and professional growth. To display professionalism in the nursing field, the following skills should be developed.

Resolution of Conflicts

The nurse can help both patients and doctors; we must find a sensible and diplomatic solution to a disagreement.

Critical Thinking

Nurses make decisions based on evidence and objective exploration. For example, a nurse must offer lifestyle modification advice to patients, such as changing their diet plan and physical exercise more regularly based on systematic evidence but not personal estimation.

Detail regarding Attention

The nurse should strictly follow each command in the nursing care plan of the patient and keep careful, perfect notes in the client records. Check your work twice, which will help you and others avoid errors that will affect patient care.

Adaptableness

Nurses are able to modify their approach when the condition calls for it. For example, suppose that when a client has an infectious disease, nurses can implement dissimilar safety protocols.

Leadership

Nurses could motivate themselves or a group to exert effort towards achieving a specific aim. For example, a nurse can stay present with modern research on a patient's health situation, and they can share this type of information with their team members.

Ability to Grow

A nurse could take time to work on subjective growth, which could help them better understand their goals, strengths, and weaknesses. This can be achieved by practicing self-discovery [13].

WHY PROFESSIONALISM IS SO IMPORTANT IN NURSING?

So professionalism in nursing is very essential for numerous reasons and on various levels. The following reasons demonstrate that nursing professionalism must be a goal for every nurse:

- If the nurse can bring about successful health outcomes, they must show professionalism in nursing, which in turn supports and endorses the maximum values of patient care.
- Nursing professionalism, which will lead to growth and development, will then benefit her or him, patients, and the healthcare sector.
- Professional nursing practices promote effective communication among healthcare team members.
- The patient's better care and better outcome depend on the nurse's professional attitude and good behaviour. This will improve patient care, patient outcomes, and patient and employee satisfaction and maintenance rates [14].
- Professionalism in nursing assists in endorsing positive characters for the healthcare amenities and officialdoms that employ these nurses. In turn, a good public reputation attracts clients and other authorities.
- If nurses want to strengthen patient-nurse good relationships, they must show professionalism, and then patients will feel more comfortable, and the therapeutic bond between nurse and patient will grow effectively.

- Nursing professionalism always supports augmented accountability among all health care professionals. The risks and errors are very low in the health care industry when healthcare personnel are accountable to clients and one another.
- When nurse-patient therapeutic relations and communication are supported, patients are more acquiescent, which will result in enhanced health outcomes.
- The existence of professional nurses generates more optimistic clinical atmospheres. When there is a spirit of professionalism in health care, the nurses, doctors, all the healthcare teams, and clients work better together [15].

CONCLUSION

Professionalism in nursing is one of the good characteristics of nurses, which will bring collaborative nursing care to mankind. This professionalism will give rise to the best outcomes in patient care and family care. The nurse must have the basic concept of service to individuals, families, and society in mind. To enhance the patient's health outcome, the nurse must cultivate professionalism at all costs. The patient should feel more comfortable and at ease when they visit the nursing home. This will be achieved by having good professionalism.

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